

# Food for Thought

February 2015

Volume 23, Issue 1

MISSION
Loaves & Fishes exists as a mission of love

and faith by providing food and temporary support services to residents of Ayer, Devens, Groton, Harvard, Littleton and Shirley and advocates for changes by its clients that will promote independence and self-reliance.

#### **BOARD OF TRUSTEES**

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#### STAFF

Patricia Stern, Executive Director Paul Niemira, Food Coordinator Theresa Wilson, Client Advocate Karen DeGagne, Volunteer & Office Coordinator

#### **OPEN PANTRY HOURS**

Wednesday and Friday

9:45AM-12:30PM (Doors open at 9:30AM)

First and third Saturdays of the month 9:00AM-11:00AM

(Doors open at 8:45AM)

Second Tuesday of the month 6:00PM-8:00PM (Doors open at 5:45PM)

Closed when Ayer Shirley Regional School District is closed or delayed due to inclement weather.

#### **FOOD DONATION TIMES**

During all Open Pantry Hours and Monday and Wednesday evenings from 7:00PM-8:00PM

#### **CLOTHING DONATION TIMES**

During all Open Pantry Hours and Monday 10:00AM-12:00PM Monday and Wednesday evenings from 7:00PM-8:00PM

#### **LOCATION**

234 Barnum Road, Devens, MA Mailing address: PO Box 1, Ayer, MA 01432 Telephone: 978.772.4627 Fax: 978.772.7395



Valentine's Day celebrates romantic love, and love makes the world go round! This Valentine's Day, Loaves & Fishes Food Pantry also celebrates love for our community, the heart of our organization. We are celebrating the love our community has shown, not only during the recent holiday season, but all year long through local fundraising efforts, volunteering and organizing food drives.

Our annual Thanksgiving Dinner Distribution event provided 347 families with all of the fixings for their Thanksgiving celebrations, and in December, the generosity of our community provided 291 families the fixings for their holiday celebrations at the Holiday Dinner Distribution Event. The annual volunteer-organized holiday programs to benefit our clients provided 220 families the opportunity to shop for holiday gifts for their children at the Shop For Your Kids event, and the Shop For Your Parents event helped 263 children choose gifts for their family members.

Now that the holiday season has ended, the need has not. Generous support from the community during the holiday season—primarily November and December—account for over 25% of annual giving to the pantry. However, once the holidays end, donations fall to their lowest levels—50% lower—for the next four months. But the need in our community continues, and for many, the need increases throughout the expensive winter months.

Consider showing your Valentine your love by donating to the food pantry in his/her name. What better way to celebrate Valentine's Day than by investing in your community and helping to lift and feed your neighbors! A grocery bag of food, weighing approximately 16 pounds and valued at \$26, can feed a family of 4 for one day. A donation of \$50 can provide meals for a retired veteran or an elderly neighbor on a fixed income for 7 days. Show your love and honor your loved ones by donating today!

It's easy! Use the enclosed envelope or visit our website at

## www.loavesfishespantry.org



# We are community

## Love, from a client...

"I just want to let you all know what a GREAT Christmas my family and I had, thanks to all of you for your generosity of time and support. The ham dinner was fabulous! I could go on and on filled with appreciation and admiration of all your hard work! Happy, healthy New Year!" —Loaves & Fishes client

## **Inspired Community**



The Groton Neighborhood Food Project, run by volunteers in Groton, collected 632 lbs of food in November and 994 lbs of food in December. Going forward, households are asked to pledge to fill a bag every other month! Groton is truly showing love for our community!

#### **Partners**



Sunday, November 9th, the 25th Annual Scouting for Food townwide drive for Loaves & Fishes collected well over 7,600 lbs in donations! Loaves & Fishes is grateful to residents of Shirley; Scouts from Shirley, Ayer and

Groton; and to Joyce Reischutz, for her commitment and dedication to this annual effort. Thank you for helping to lift and feed your neighbors!



(Left) Elias Speliotis, Assistant VP of at the Littleton Branch of Northern Bank & Trust Company presented Executive Director, Patty Stern, with a donation of \$2,000!



This past fall our USDA freezer stopped working. After a frantic call to action, once again our community stepped forward! We owe a debt of gratitude to several members of our community who sent donations enabling us to purchase a new freezer! Thank you Thomas & Verna Sefranek; Cynthia Stone; Donna Alarie and an anonymous donor for your generous support. (Pictured: Paul Niemira, Food Coordinator).

## Lifting and Feeding our Neighbors



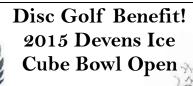




Photos by Bill Dean

On Tuesday, January 27th, a malfunctioning heater led to a frozen sprinkler head. Unfortunately, it burst and caused some damage to the facility, affecting our normal operations. On Friday, January 30th, a skeleton crew of volunteers conducted a "drive through" alternative to the scheduled Open Pantry Session to provide food to those clients who ventured out after the storm. Showing the love!

**Upcoming Events** 



Saturday,
February 21, 2015

Massachusetts Association for the Advancement of Disc Golf

For more information, or to register, please visit www.maadg.wordpress.com



30th Annual Good Friday Walk April 3, 2015

Harvard Congregational Church, Harvard Common Contact: Becca Day-Newsham For info call: (978) 456-8717 or email at: newsha@aol.com



Monday, June 8, 2015! Shaker Hills Country Club, Harvard, MA

## **Seeking Volunteers**

Come visit us for an informational session on the first Wednesday evening of the month at 6:30PM or the third Thursday morning of the month at 9:30AM.

Visit our website at www.loavesfishespantry.org or call (978) 772-4627 x300 Have questions about volunteering? We have answers!



### Volunteers=Love



"We can do no great things, only small things with great love. "

— Mother Theresa

#### POSITIONS AVAILABLE

#### **ADMINISTRATIVE**

Volunteers are needed to assist with administrative tasks such as filing, data entry, bulletin board maintenance and other operational tasks that are matched to volunteer interest/skills. Proficiency in Microsoft Office is a plus.

#### **RECEIVING DONATIONS/** DATE CHECKING/ SORTING/STOCKING

Volunteers are needed in the evening, twice weekly in onehour time slots, to greet donors; receive donations and provide receipts; date check and sort food donations; and stock shelves for upcoming Open Pantry Sessions.



#### **EVENTS**

Volunteers are needed to help plan and coordinate special events throughout the year, typically at Loaves & Fishes, but occasionally at off-site locations. Tasks may include hosting an information table and answering questions at an event, collecting donations, fundraising and event planning.

#### RECEIVING CLOTHING DONATIONS

Skilled volunteers needed on Mondays from 9:30AM— 12:00PM to receive clothing donations, provide receipts; and complete general tasks in the Clothing Room.

#### FOOD DISTRIBUTOR—TUESDAY EVENINGS/ **SATURDAY MORNINGS**

Volunteers are needed during Open Pantry Sessions on the second Tuesday evening of the month and the first and third Saturday mornings of the month to help clients shop for groceries. Training is provided.



#### **STEWARDING**

Stewarding is a unique position interfacing directly with clients. This position has a requirement of significant knowledge of the organization through volunteerism and an involved/ongoing training program. Background in human services is a plus.

## Youth Volunteer Opportunities



We have volunteer opportunities at Loaves & Fishes for youths. Pictured are some students who helped prepare for our annual Thanksgiving Dinner Distribution event. Evening and afternoon stocking sessions, special events and organizing a food drive are great opportunities for youths under the age of 18 to give back. Visit our website at www.loavesfishespantry.org

## **Special Event** Saturday, May 9th Volunteers of all ages welcome!





## Loaves & Fishes 2014 Thanksgiving and Holiday Dinner Distribution Events

347 families received all of the fixings for their Thanksgiving dinner.

Volunteers and many donors are responsible for the success of this event!







Before Thanksgiving, the 17 employees over at PolyOne Distribution in Littleton collected \$400 in donations by "paying" to dress down in the office!



MSG Rosalind Fennell, serving on Devens, brought a group of soldiers to volunteer!



**VOLUNTEERS** 



BEMIS
building bonds that lest



Medtronics of Littleton collected and donated over 350 pounds of food and 7 turkeys during their annual Thanksgiving food drive for Loaves & Fishes!



Red Tail Golf Club sponsored a Turkey Shoot raising \$565 in gift cards and 32 turkeys for our Thanksgiving Dinner event!



Littleton Lumber sponsored their annual November food drive for Loaves & Fishes and donated 466 pounds of food and \$125 in gift cards. The company matched \$1 for every pound lost in an employee weight loss challenge over the past year and presented L&F an additional donation of \$242!





291 families received all of the fixings for their holiday meal.

DONORS

(Pictured right) Nashoba Nursing Service & Hospice presented our Executive Director with a very generous donation this holiday season!



Volunteers helped at the event.

## **Shop For Your Kids**

Thank you to residents, local businesses and the Ayer Police Department for collecting over 1,100 toys and gifts this season! Special thank you to Sgt. John MacDonald, for his commitment to this program.

Kids day Logists

Rids day Logists

Box Donation Box John

Thenk You - Sneam Council Systems

In one short week, the Student Council at Russell Street School in Littleton and 4th grade teacher, Jennifer Jones, collected many toys for Shop For Your Kids!

## **Shop For Your Parents**

DONORS



## **Shriver Job Corps**

220 families shopped at the event.

559 children received holiday gifts.

## Thank you to The Littleton Council of Churches

for coordinating a drive; *St. Anthony's* in Shirley for donating storage space and to the congregation for donating so generously; and to *Devens Recreation* for donating event space at the Bob Eisegreen Community Center, Devens!







TJX donated 100 bags for the event!

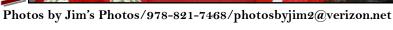














Loaves & Fishes Food Pantry, Inc. PO Box 1 Ayer, MA 01432

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In an effort to reduce waste and recycle, please consider receiving this newsletter electronically instead of by mail.

Call 978.772.4627 x300 or email tohelp@loavesfishespantry.org and provide your email address!









#### MOST NEEDED ITEMS LIST

Canned Tomato Products, Condiments (Ketchup, Mayo, etc), Boxed Rice/Rice-a-Roni, Helpers and Sides, Canned Pasta/Canned Chile, Canned Meats, Canned White Tuna, Crackers, Hearty Soups, Pasta -Ziti/Rotini/Shells/Rigatoni, Beans-Baked & Refried, Peanut Butter & Jelly, Cake, Muffin and Cookie Mixes, Breakfast Cereal, Feminine Care Products, Toothpaste & Tooth Brush, Shampoo/Conditioner, Shaving Products, Deodorant, Soap



Are you having trouble making ends meet?



If you live in Ayer, Devens, Groton, Harvard, Littleton or Shirley, we can help! **Contact Loaves & Fishes at 978.772.4627 x312** 

#### Contact Us:

Telephone: (978) 772-4627

Visit our website at: www.loavesfishespantry.org

facebook.

Find us on Facebook Follow us on Twitter



#### Collection Box Locations

| AYER                          | Clover Farm General Store    |
|-------------------------------|------------------------------|
| Ayer Post Office              | HARVARD                      |
| Nashoba Valley Medical Center | Harvard Post Office          |
| North Middlesex Savings Bank  | LITTLETON                    |
| The Cottage Restaurant        | Citizen's Savings Bank       |
| The Markham Group             | Donelan's Supermarket        |
| DEVENS                        | North Middlesex Savings Bank |
| North Middlesex Savings Bank  | Northern Bank & Trust        |
| GROTON                        | Littleton Police Department  |
| Donelan's Supermarket         | Littleton Post Office        |
| Groton Post Office            | Knox Realty                  |
| Groton Public Library         | SHIRLEY                      |
| Middlesex Bank                | Shirley Post Office          |
| North Middlesex Savings Bank  | Hazen Library                |
| Town Hall                     | North Middlesex Savings Bank |
| Groton Senior Center          | Phoenix Park, Building D     |

Donation boxes can also be found in many places of worship in all

six towns served by Loaves & Fishes