**MISSION**
Loaves & Fishes exists as a mission of love and faith by providing food and temporary support services to residents of Ayer, Devens, Groton, Harvard, Littleton and Shirley and advocates for changes by its clients that will promote independence and self-reliance.

**BOARD OF TRUSTEES**
Kathleen O'Connor, President
Mary Markham, Vice President
Don Siegrist, Treasurer
Lauren Farrell, Secretary
James Hanlon, Joseph Harrington, Jane Logee, Aleta Manugian, Joanne Ouellette, Scott Lewis, Cornelius Sullivan

**STAFF**
Patricia Stern, Executive Director
Paul Niemira, Food Coordinator
Theresa Wilson, Client Advocate
Karen DeGagne, Volunteer & Office Coordinator

**OPEN PANTRY HOURS**
Wednesday and Friday 9:45AM-12:30PM  
(Doors open at 9:30AM)
First and third Saturdays of the month 9:00AM-11:00AM  
(Doors open at 8:45AM)
Second Tuesday of the month 6:00PM-8:00PM  
(Doors open at 5:45PM)

Closed when Ayer Shirley Regional School District is closed or delayed due to inclement weather.

**FOOD DONATION TIMES**
During all Open Pantry Hours and Monday and Wednesday evenings from 7:00PM-8:00PM

**CLOTHING DONATION TIMES**
Monday 10:00AM-12:00PM and 7:00PM-8:00PM

**LOCATION**
234 Barnum Road
Devens, MA
Mailing address: PO Box 1
Ayer, MA 01432
Telephone: 978.772.4627

**Food for Thought**

### Partnering with Loaves & Fishes

“Partnering” with Loaves & Fishes means many things. We are grateful to the two recipients of our annual Outstanding Community Partner Award—Hannaford Supermarket in Ayer, whose donations of food and other support exceeded $29,000 last year, and St. Anne’s Parish in Littleton, whose contributions and support are immeasurable and longtime partnership is invaluable. We are also as grateful for the generous individuals who partner with us.

**Mike** recently attended a new volunteer orientation session and has since made multiple donations of over 100 loaves of sliced bread. His partnership with us enabled children from many of the 910 families we serve to have sandwiches for lunch during the summer break.

Mike also generously offered to help by donating landscaping services on a regular basis. This great news comes on the heels of another recent partnership with Pinard’s Landscaping of Ayer. Pinard’s recently donated their services to shape up our grounds!

Another partner, **Tammy**, donated three entire grocery carts full of food and personal care items—including expensive essential items such as diapers and laundry detergent. Tammy is a single mom who had, at one time, experienced food insecurity and sought assistance at her local food pantry. She partners with us through her desire to pay it forward.

Each and every partnership is valuable and instrumental in continuing our mission of lifting and feeding our neighbors.

“Food – there’s no greater gift...”—Dikembe Mutombo, Congolese American retired professional basketball player who last played for the Houston Rockets of the NBA.
Volunteer for your health!

Have you ever thought about volunteering? It may be just what the doctor ordered! Harvard University’s Thomas H. Sander says “Engagement and volunteering is the new hybrid health club for the 21st century that’s free to join.” “Research shows it miraculously improves both your health and the community’s through the work performed and the social ties built.”

Stephen G. Post, a Director at Stony Brook University School of Medicine in New York says “If the benefits of volunteering or altruism could be put into a pill, it would be a bestseller overnight.” A report by UnitedHealth Group, Doing Good is Good for You: 2013 Health and Volunteering Study, found that “76% of US adults who volunteer report that volunteering has made them feel physically healthier, and 78% report that volunteering lowers their levels of stress, leading to feeling better than adults who do not volunteer.”

Are you thinking about volunteering now? Aside from the reported health benefits, there are other reasons volunteering can be good for you. Volunteering can help kindle community spirit, allow you to make new friends and help you learn some new skills. Volunteering can also be a helpful addition to your resume. Whatever your reasons for volunteering, Loaves & Fishes and your community needs your help! Visit our website at www.loavesfishespantry.org to learn about our volunteer opportunities!

Coming Up...

Business After Hours
Wednesday, September 24, 2014
Loaves & Fishes Food Pantry
5:30PM-7:30PM, Refreshments

To Benefit Loaves & Fishes!
Huff & Cuff 5K & Fitness Walk
Saturday, October 4, 2014
10:30AM Race Start
42 Patton Road, Ayer
www.huffncuff5k.com

Loaves & Fishes Open House
Tuesday, October 7, 2014
5:30PM-7:30PM, Refreshments

New Volunteer Orientation
Upcoming Orientations
Wednesday, September 3rd, 6:30PM
Thursday, September 17th, 9:30AM
Wednesday, October 1st, 6:30PM
Thursday, October 16th, 9:30AM

Join us! No registration necessary!

National Certification!

Loaves & Fishes has been selected as one of five non-profit organizations in Central Massachusetts to participate in a pilot program to strengthen our volunteer engagement practices and improve processes.

Our dedicated volunteers are the backbone of the pantry. The Service Enterprise Initiative will strengthen our organization by empowering volunteers to make a more significant contribution—coming together to build partnerships and relationships that better serve community needs and help us continue our mission. In the coming months, you will be hearing more about this exciting initiative!

Volunteers are working hard sorting donations from the Postal Worker’s Food Drive in May.
Loaves & Fishes 30th Anniversary Celebration GOLF TOURNAMENT

Loaves & Fishes 30th Anniversary Golf Tournament was held on June 9, 2014 at Shaker Hills Country Club. Thanks to the many sponsors, donors, golfers and volunteers, the event was a huge success and more than $6,500 was raised to benefit Loaves & Fishes! Save the date for next year’s tournament!

Monday, June 8, 2014.

To the wonderful folks at Loaves & Fishes:

“I have been the beneficiary of the Pantry Program for several months now. I am retired, disabled and on Social Security...Without Loaves & Fishes I would be without much needed supplies. The staff is extremely professional & friendly and I thank one and all for your assistance.” —L&F Client

Need Assistance?

If you need food, we can help you. We can also locate other important services in your community. Every food recipient is treated with dignity and respect. The food is free.

If you live in Ayer, Devens, Groton, Harvard, Littleton or Shirley, please call (978) 772-4627 x312

The Holidays Are Around The Corner!

**Thanksgiving Dinner Distribution Event**
Monday, November 24th

**Shop For Your Parents**
Shriver Job Corps Center, Devens
Saturday, December 13th

**Shop for Your Kids**
Bob Eisengreen Community Center, Devens
Thursday, December 18th

**Holiday Dinner Distribution Event**
Monday, December 22nd

More Partners...

Fourth graders from Hildreth Elementary School in Harvard collected 1,376 pounds of food during their annual food drive valued at $2,298!

The Studio, Fitness Your Weight, in Groton held their second annual Plank-A-Thon raising over $3,000 for Loaves & Fishes!

Rock Tenn, Devens, MA, held a food drive and donated 426 pounds of food!

Community Partnership Awards

Outstanding Partner Award recipients—St. Anne’s Parish, Littleton (pictured above) and Hannaford Supermarket, Ayer
What’s New?
Loaves & Fishes distributes approximately 5,500 pounds of food every time we are open!

Most Needed Items
- Mayo/Mustard/Ketchup
- Hearty Soups
- Canned Pasta/Canned Chile
- Canned Pears/Pineapple/Fruit
- Cocktail
- Baked Beans/Garbanzo or Chick Peas
- Pasta-Ziti/Rotini/Shells/Rigatoni
- Pasta Sauce
- Helpers and Rice Sides
- Canned Beets/Spinach/Sauerkraut
- Peanut Butter & Jelly
- Tomato Paste/Diced Tomatoes
- Crackers/Snacks
- Depends (Lg & XL sizes)
- Feminine Care Products
- Toothpaste & Toothbrush
- Shampoo/Conditioner
- Deodorant
- Soap

Collection Box Locations

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Donation boxes can also be found in many places of worship in all six towns served by Loaves & Fishes

Search “Loaves-Fishes-Pantry-in-Devens-MA“

or scan the QR code