

Lifting & Feeding our Neighbors Since 1983

Food for Thought

MISSION

Loaves & Fishes exists as a mission of love and faith by providing food and temporary support services to residents of Ayer, Devens, Groton, Harvard, Littleton and Shirley and advocates for changes by its clients that will promote independence and self-reliance.

BOARD OF TRUSTEES

Kathleen O'Connor, President
Mary Markham, Vice President
Doug Lee, Treasurer
Lauren Farrell, Secretary
James Hanlon, Aaron Gesin, Jane Logee,
Aleta Manugian, Joanne Ouellette, Deb
Pappas, Cynthia Thomas

STAFF

Patricia Stern, Executive Director
Paul Niemira, Food Coordinator
Theresa Wilson, Client Advocate
Karen DeGagne, Volunteer & Office
Coordinator

OPEN PANTRY HOURS

Wednesday and Friday

9:45AM-12:30PM (Doors open at 9:30AM)

First and third Saturdays of the month

9:00AM-11:00AM

(Doors open at 8:45AM)

Second Tuesday of the month 6:00PM-8:00PM

(Doors open at 5:45PM)

Closed when Ayer Shirley Regional School District is closed or delayed due to inclement weather.

FOOD DONATION TIMES

During all Open Pantry Hours and Monday and Wednesday evenings from 7:00PM-8:00PM

CLOTHING DONATION TIMES

Monday 10:00AM-12:00PM and 7:00PM-8:00PM

LOCATION

234 Barnum Road Devens, MA Mailing address: PO Box 1

Ayer, MA 01432 Telephone: 978.772.4627

Fax: 978.772.7395

What's New?

Visit our new website at www.loavesfishespantry.org

Loaves & Fishes 30th Anniversary



How it All Started

In 1983, three women recognized a need in their community—people were hungry. With the help of two local churches, St. Andrews Church and The Federated Church, both of Ayer, and a team of volunteers, they provided 50 food insecure families—meaning they

were unsure where their next nutritious meal would come from—food in that first year. In our 30th year, Loaves & Fishes is serving almost 1,000 food insecure families.



Loaves & Fishes has had many locations since the early days, and in 2006 after a massive, volunteer-run capital campaign, we moved into our new building at 234 Barnum Road in Devens. Because of the incredible demand for service, we are already outgrowing our space and are exploring new ways to solve this challenge.

What YOU'VE Accomplished

Since 1983, we've seen many victories in the fight against hunger thanks to the support of volunteers, donors, companies, organizations, families, November 2013

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students, parents and individuals, all standing behind our goal to end hunger and our mission to advocate for our clients. We are providing healthier food, developing new programs for our clients and improving the lives of those we serve. Thanks to the support throughout our communities, from individuals to corporations, from

corporations, from community and civic groups to local churches, Loaves & Fishes distributes over 8,000 lbs of food each week.

We distribute over 8,000 lbs of food each week

The Celebration

On August 3, 2013, we commemorated the exact date of our first pantry session by holding a celebration at the pantry to honor those who have helped along the way. Loaves & Fishes thanks volunteers who sort cans, farmers who donate freshpicked produce, Boy and Girl Scout troops and letter carriers who organize food drives, businesses that donate food by the truckload, the school child who donates a can of soup, the grant agencies and private donors who help with operations and the many community members and volunteers who made this anniversary possible.



SAVE THE DATE! June 9, 2014



First Annual Loaves & Fishes Golf Tournament at Shaker Hills Country Club in Harvard! For more information about becoming a sponsor, participating in the event, or to volunteer, please contact Jim Hanlon at *jvhanlon@vahoo.com*

Volunteers in the Spotlight!

More than 300 active individuals volunteered over 20,000 hours last year at the Pantry. In our 30th anniversary year, it seems fitting to honor our volunteers and the key roles they play in the success of our fundraising, board activities, office work, property work and pantry operations. Over the next several issues of our newsletter, you will "meet" some of our volunteers and hear what they have to say about their time at Loaves & Fishes.

Marge Payne of Littleton volunteers as our Greeter during open pantry sessions. She spent 47 years as an Occupational Therapist before coming to the



Pantry. "I absolutely love Loaves & Fishes" says Marge, who feels lucky she can continue to use her skills working with people. Her greatest satisfaction comes from recognizing a new client appearing "distressed" and providing them "with a smile or a little laugh before they walk down the hall to learn how great Loaves & Fishes is!"

Want to help?

Loaves & Fishes is in need of volunteers. We are coming up on our busiest time of year serving those who are hungry in our communities. The only qualification required to volunteer is your desire to help someone in need. You don't need any special skills; you don't need a college degree; and there is no required time commitment!

Visit our website at www.loavesfishespantry.org or call (978) 772-4627 x 300 and find out how you can help.



Do you own a business? Send some employees to help during open pantry sessions. It's a great team building experience!

There are many ways you can help...

Are you a stay-at-home parent? Join us for a few hours while the kids are at school.

Are you retired? Consider spending time at Loaves & Fishes to lend a hand.

Make it a family affair! Spend some quality time together helping your neighbors!



Betsy Bohling shared a photo of the sunflowers grown from the seed packets she received as a token of appreciation for her volunteerism during National Volunteer Month. Thanks for sharing, Betsy!



Extraordinary Young People Getting Involved

Last year, Andrea Long of Harvard started thinking about how much joy it brings her to plan her son, Aiden's birthday party with him. She then started to think about how much all the supplies cost and how hard it must be for parents who aren't able to purchase these items. "We love planning parties at our house and I thought about how much fun it would be to put birthday bags together throughout the year for children in need." Andrea and Aiden have filled bags with all the items needed to throw a birthday party, complete with cake mix, frosting and party gifts. Each bag is labeled with the appropriate age and is available in a special section of the food pantry for clients whose children have upcoming birthdays.



Aidan Long and his friend, Caroline
Maiore, both age 9, delivering
Birthday in a Bag.

A VERY SPECIAL THANK YOU

HANA BARKER

Hana has donated hundreds of hours of her time as well as her technical expertise during the past 9 years as our volunteer newsletter designer. As she moves onto other adventures we wish her well and offer her our sincere thanks!

Join Our Harvest Club! Become a Gold, Silver or Bronze Partner!

Our Harvest Club includes businesses and civic organizations who partner with Loaves & Fishes. Members of our Harvest Club support us in many ways, including financial support, goods and services and volunteering. Visit our website at www.loavesfishespantry.org and find out how to become a Gold, Silver or Bronze Partner.

Harvest Club Gold Partners (\$5,000 or more of support this past year)

Bemis Associates

Cisco Systems, Inc.

Community Foundation of North Central Massachusetts

Donelan's Supermarket (Acton, Littleton and Pepperell)

Emergency Food & Shelter National Board

Greater Boston Food Bank

Greater Lowell Community Foundation

Hannaford Supermarket (Ayer, Townsend)

Harvard Lions Club

JK Farnsworth Company

Nashoba Good Friday Walk, Inc.

Shaw's Supermarket, Groton

Target

Trader Joe's

Walmart

Visit our website at www.loavesfishespantry.org to learn more about our Harvest Club, our Community Partners and how you can become a partner.

2013 Annual Meeting October 22, 2013



Lisa Martel
(pictured) was the
recipient of the
"Grande Award" for
Outstanding
Volunteer Service.
Congratulations,
Lisa, and thank you
for your service!



Seven out of the eleven volunteers honored for the most hours donated during the past year.



Jake Riggert, a teenager from Groton, (not pictured), was about to pay his parents back for something they bought him over the summer. His parents offered up a different idea: "We told him, instead of paying us back, use the money in a charitable way. We suggested the Loaves & Fishes Backpack Drive." Jake went shopping at Target and with the amount of money he owed his parents, was able to buy ten backpacks and fill them with supplies. Thank you, Jake!

300 backpacks filled with supplies were distributed to area children during our Backpack Program in August

Community Partnerships



Hildreth Elementary School in Harvard recently held a cereal drive to benefit Loaves & Fishes. Their donation was valued at \$1,401! Amazing!



Volunteers receiving and sorting 7,416 lbs of food delivered from the **Shirley Scout Drive** on Sunday, November 10th.

Thank you!

Even Anonymous Partners...



Every quarter, an anonymous business donor sends us a shipment of brand name laundry detergent! Even though they prefer to remain anonymous, we are grateful for the spirit of community partnership. This quarterly donation provides families with an expensive and necessary everyday item. Thank you! Pictured is one of our volunteers, Joanne Ouellette, with a recent delivery.

Thanksgiving Dinner Distribution



On Monday, November 25th, Loaves

& Fishes will hold our annual Thanksgiving Dinner Distribution event. Families receive all of the fixings for their Thanksgiving celebration complete with stuffing, gravy, pie, cranberry sauce, juice, fresh vegetables and even a turkey or chicken. This event requires many hands and hearts to be successful. Visit our website at www.loavesfishespantry.org or call (978) 772-4627 x300 to find out more about how you can help.



Construction on our new website is complete! Take a look...

www.loavesfishespantry.org

Are you
struggling
with
MAKING ENDS
MEET

Loaves & Fishes

Call (978) 772-4627 x312 Please come and visit, we want to help you!

can helpi



Volunteer crew at last years Thanksgiving Dinner Distribution Event! What a great time!

MARK YOUR CALENDAR!

Monthly Volunteer Orientation Sessions
1st Wednesday evening at 6:30PM
3rd Thursday morning at 9:30AM

<u>Thanksgiving Dinner Distribution Prep</u> Set-up and donation receiving hours: Saturday and Sunday, November 23rd and 24th from 1-3PM

Thanksgiving Dinner Distribution Event Monday, November 25th 9:30AM-11:00AM and 5:30PM-7:00PM

Shriver Job Corps Center, Devens Saturday, December 14th

Holiday Dinner Distribution Prep Set-up and donation receiving hours: Saturday and Sunday, December 14th and 15th from 1-3PM

Holiday Dinner Distribution Event Monday, December 16th 9:30AM-11:00AM and 5:30PM-7:00PM

Shop for Your Kids Bob Eisengreen Community Center, Devens Thursday, December 19th

Goodlie Companye to Perform at ASRHS
Thursday, December 19th, 7:00PM to benefit
Loaves & Fishes

Yuletide Celebration at Ayer Library Saturday, December 21st, 1-4PM to benefit Loaves & Fishes

Ayer Shirley Regional Middle School

Shirley Arts

Community Christmas Concert to benefit Loaves & Fishes
Sunday, December 22nd 2:00PM

Holiday Dinner Distribution



We need your help to make our Holiday Dinner Distribution, scheduled for *Monday, December 16th*, a success. Please consider donating food, financially or with the gift of your time. If you are interested in learning more about how you can help, visit our website at www.loavesfishespantry.org or call us at (978) 772-4627 x300. It's a wonderful program which helps so many families and will definitely remind you of

DINNER DISTRIBUTIONS MOST NEEDED ITEMS

the true meaning of the season.

Stuffing
Frozen Pies (apple/pumpkin)
Gravy (Turkey or Chicken)
Broth (Turkey or Chicken)
Nuts/Fancy Crackers/Fancy
Snacks
Yams
Coffee, Tea & Cocoa
100% Juice

Frozen Turkeys (16 lbs. or more) Canned Hams (3lbs or more)

Please deliver your donations during any
Open Pantry Session or from 1-3PM on
Saturday, November 23rd
Sunday, November 24th
Saturday, December 14th
Sunday, December 15th
Loaves & Fishes Food Pantry
234 Barnum Road, Devens

Donate Appreciated Stock— Increase Your Tax Benefit

Consider donating your appreciated stock shares to Loaves & Fishes before the end of the year. It's a great way to claim a charitable donation deduction, avoid capital gains tax and support the Pantry in our mission to help our neigbors. Contact our Treasurer at douglee@gmail.com to learn more.

Shop For Your Parents Holiday Program

Shop For Your Parents, an event run by Loaves & Fishes volunteers to benefit our clients, will take place on *Saturday, December 14th*. The event will be held at the Shriver Job Corps Center, 270 Jackson Road, Devens. This special day includes a family breakfast, a visit with Santa and of course, "shopping". The program provides an opportunity for children of Loaves & Fishes clients to select presents for their parents or guardians at no cost and it provides memories they will carry for a lifetime

If you'd like to support the program, we are accepting cash donations or gifts for the parents. It's important to note, however, we can only accept NEW gifts with a minimum value of \$10.00.



Lauren and Elaine help wrap presents.

Happy Holidays



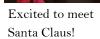
Shriver Job Corps and the Nashoba Valley Chamber of Commerce will sponsor the event again this year. Additional support is needed. If you are interested in becoming a sponsor, please visit our web site at

www.loavesfishespantry.org to learn how.

Checks should be made out to "Loaves & Fishes" with "Shop For Your Parents" noted in the memo area. Checks may be mailed to Loaves & Fishes, c/o PO Box 215, Ayer, MA 01432.

For gift donation drop-off or pick-up information, event hours, or to learn more about how you can volunteer for this special holiday event, please contact the program coordinators, Marie Allen at 978-772-7510 or mallen@stemsons.com and Joan Pena at 978-772-4440 or jpena@mediapowerinc.com.









Coordinators ("elves"), Joan and Marie





Wrapping presents to bring home for the holidays!

Shop For Your Kids Holiday Program

It's the Most Wonderful Time of the Year!

It's back...the highly anticipated Shop For Your Kids event to benefit clients of Loaves & Fishes. This year the event will take place at the Bob Eisengreen Community Center, Devens on *Thursday, December 19th.*

For years, thanks to the generous donations from our supporters, we have helped hundreds of children enjoy a happy holiday. This event requires more than 100 volunteers to collect, sort and display donations and to help our clients choose presents for their children. We are asking for your help once again this season for donations of new, unwrapped toys for children from infancy to age 18. We are especially in

need of gifts for "tween" and teen children. Visit our website at www.loavesfishespantry.org to view the most desired items for the 2013 Holiday season. Donations will be accepted at the Bob Eisengreen Community Center from 6PM-8PM on November 18th, December 2nd, 9th and 16th and also at the following collection box locations: Police Stations in Ayer, Groton, Harvard, Littleton and Shirley, Littleton High School, Littletowne Toys and the Littleton and Shirley libraries. We are also grateful for monetary donations, If you would like to sponsor a toy drive, host a donation box or volunteer for this event, please contact us at LFshop4yourkids@gmail.com.



Shop For Your Kids Team



Loaves & Fishes Food Pantry, Inc. PO Box 1 Ayer, MA 01432

Nonprofit Org.
U.S. POSTAGE PAID
Ayer, MA 01432
Permit No. 4

Has your address changed?

Please email us at Pleas







Most Needed Items

Soups
White Tuna
Canned Pasta
Helpers/Pasta Sides
Rice-a-Roni/
Boxed Flavored Rice
Canned Beets/Spinach/Corn
Chick Peas/Garbanzo Beans
100% Fruit Juice
Refried Beans
Peanut Butter
Feminine Care Products
Diapers, size 5 and larger
Deodorant



Follow us on Twitter LoavesFishesMA

Search "Loaves-Fishes-Pantry-in-Devens-MA"





Collection Box Locations

AYER	HARVARD
Ayer Post Office	Harvard Police Department
Nashoba Valley Medical Center	Harvard Post Office
North Middlesex Savings Bank	
The Cottage Restaurant	LITTLETON
The Markham Group	Citizen's Savings Bank
	Donelan's Supermarket
DEVENS	North Middlesex Savings Bank
AnytimeFitness	Northern Bank & Trust
North Middlesex Savings Bank	Littleton Police Department
	Littleton Post Office
GROTON	Knox Realty
Donelan's Supermarket	SHIRLEY
Groton Post Office	Shirley Post Office
Groton Public Library	Hazen Library
Middlesex Bank	North Middlesex Savings Bank
North Middlesex Savings Bank	Phoenix Park, Building D
Shaw's Supermarket	Shirley Fire Department
Town Hall	
Groton Senior Center	

Donation boxes can also be found in many places of worship in all six towns served by Loaves & Fishes